



Name \_\_\_\_\_ Period \_\_\_\_\_

## Microgreens Research Worksheet

### Analyze and Inquire

What is the difference between sprouts and microgreens? \_\_\_\_\_

\_\_\_\_\_

List 3 benefits of growing and eating microgreens. SUMMARIZE, do not COPY

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Develop Ideas** List 4 plants. There are many, so just pick what interests you

\_\_\_\_\_  
\_\_\_\_\_

**Create your micro garden** List the steps to make your micro garden

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_